

Physical Observations for Nutritional Deficiencies

with Dr. Keri Brown



"I so appreciate our time together. I feel whatever process you choose to work with, true healing occurs."
Jayne Guother, Salt Lake City, UT

"Dr. Keri Brown combines a vast comprehensive of health with working application of what it takes for the individual to best participate in the process of health and its maintenance."
Kati Pressman, Boulder, CO

What participant will learn?

- How the body relates to our thought
- Relationships from physical observations to potential areas of health concerns
- How your nails reflex your health
- The health of the tongue shows heart, spleen, thyroid and more
- Associations of organ health issues to physical pain such as knee, thumb or elbow
- What the face and eyes tells you
- Adjustments of the ileocecal values and more for health support

SYMPTOM CHECKLIST Do you have Symptoms of Reduced Female Vitality?

- Fatigue
- Hot flashes
- Night sweats
- PMS
- Menstrual cramps
- Bloating
- Mood swings
- Uncontrollable food cravings
- Irregular periods
- Weight gain
- Inability to lose weight
- Poor sleep Irritability.

Learning how to observe physical features can help you determine your nutritional deficiency patterns.

While correlating some fun testing procedures we can help you determine your utilization of nutritional supplementation and what focus is best for you.

We will look at our tongue, face, nails and more while we determining how to help our bodies through specific physical observations!

Our body's can show us and tell us what it needs if we know the signs. Old country Doctors used physical observations of our body to tell us our health issues. They did not and could not relay on expensive testing or blood work.

These are old familiar ways of looking at our body and our health. Very few doctors in today's age learn these signs and correlated symptoms.

Please bring a mirror if you have one to look at your own tongue, eyes, and face.

About Dr. Keri Brown, ND

Dr. Brown began studying natural medicine in 1984. She received a B.Sc. in environmental biology and chemistry and worked as a forest hydrologist and research scientist before going on to receive a Doctorate in Naturopathic Medicine from Bastyr University in 1998; one of the premier university and research schools of natural medicine. She has over 30 of experienced in sustainable approaches to healing at home and in the clinic.

Dr. Brown is a licensed naturopathic doctor, consultant, author and speaker on the use of natural medicine for regaining health on a cellular level. She has been in private practice in both VT and CO and speaks around the country. She currently lives in CO.



Speaking inquires and to host a program in your community Contact at Dr. Keri Brown

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